

## SCIENCE ACTIVITIES IN YEAR 7 INTEGRATED

In science class, I have learnt about the Periodic Table:

- The periodic table is divided into 3 parts: periods, elements, and groups
- There are total of 118 elements
- There are a lot of elements in our life such as oxygen, nitrogen, hydrogen, carbon, and iron
- The elements can be in a state of solid, liquid, or gas

I have learnt many things about the periodic table. It makes me think about a lot of new things. I really like learning the periodic table because it helps me learn more matter and what is inside it.

**Luong Vinh Phuc - 7G**



## Generosity Assembly 2G

Curricular and extra-curricular activities always bring many interesting things to Year 2 Integrated students, helping them discover knowledge and practice life skills.

Coming to the class of writing lessons combined with experiential activities, the children not only wrote loving wishes to their loved ones, but also skillfully decorated the greeting card with many beautiful flower petals, sparkling stars, and round balls using a lot of vivid colors.

At a school assembly with the topic “Generosity”, the children sent their teachers and students a meaningful song. The song sends the message: Let's always be generous to those around us, help and share with those in need. That is a very respectful act spreading happiness to everyone.





## Modeling Math Word Problems

Solving word problems is a process that helps our students to develop logic. The mathematical logic underlying any mathematical reflection occurs when we look for different ways to solve the problem, and modeling is one of the most powerful and versatile ways to solve word problems. Modeling allows our students to create a representation of the data and its relationships, using them to search for the necessary operations to find the solution to the challenge posed. Year 6L students use different materials brought from home to 'build' the bar models and challenge their peers to solve the problems given by them by their classmates.



## Year 5L Caring Performance

Y5L's assembly performance presented the ideas of "caring" and "confident communicators" via their adaptation of The Wizard of Oz. Dorothy, her friends and the Wizard all showed examples of caring for each other. The Wicked Witch was not caring and melted after being splashed with water. Y5L had fun singing "We're Off To See The Wizard" It was not easy to remember all of their parts in front of an audience, but Y5L did a splendid job entertaining the audience.





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## Reminder for KIK Parents

We offer an After School Care programme from 3:30 pm to 6:00 pm Mondays to Fridays for students in our Kindergarten programme. Please contact the Office for further information.

## After School Cardio Activities

Last week saw the last Cardio After School Activity. We already know that exercise is very important to living a healthy and balanced lifestyle but often it is hard to know where to start. In our Cardio After-School-Activity we learnt various exercises such as plank, squats, good mornings and even burpees! Cardio ASA will continue into Term 2 and we look forward to even more students joining us for lots of healthy fun!





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## SIS-Vung Tau records 24 % rate in DynEd course completion

SIS VT recorded a 24 % campus rate fulfillment of DynEd course in October 2022, Term 1. 33 out of 136 students enrolled in DynEd have finished their DynEd course, of whom 1 is new to the program and 3 students finished 2 courses.

List of completers:

Malinda Lisa Goodsell  
Pham Xuan An Lanh  
Lam Vu Uyen Phuong  
Panwara Chirawatpongsa  
Do Hai Phong  
Le Duc Binh  
Vu Minh Phuc  
Park Chae Won  
Le Bao Chau  
Aletheia Isis Lauderer  
Hoang Ta Quoc Tung  
Nguyen Ngo Bao Ngoc  
Nguyen Le Khanh Ngoc  
Dao Megan







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Trinh Minh Khiem  
Liu Chan Vu  
Sirikapop Mahaguna  
Lam Vu Minh  
Le Thanh Hai  
Nghiem Chi Anh  
Wesley Teo Yi Wei  
Nguyen La Thien An  
Tran Quynh Lam  
Le Hoai Phong  
Mai Thao Chi  
Nguyen Thien Tuong  
Nguyen Ha Anh  
Kim Kang Min  
Bui Minh Duc  
Nguyen Bao Khanh Phuong  
Bui Nhat Minh  
Pham Minh Quang  
Bui Vu Bao Anh



## Science Lab Dissection Year 5L

For Science, Y5L has been studying various body systems in humans and animals. They have learned about the skeletal and muscular systems, as well as the digestive, respiratory and circulatory systems. It was with great pleasure to have the opportunity to investigate these systems hands on with fish in our Science Lab with the professional guidance of Mr. Peter and Mr. Hoa.

Students practiced safety procedures using sharp objects such as scalpels and scissors to dissect the fish. They carefully removed and examined the hearts, stomachs, and other internal organs of the fish. They worked successfully as partners, helping each other to stay organized and focused during the lesson. They loved their experience in Mr. Peter's lab and hope to return someday soon to explore more wonders of science.



## Term 1 Sports Day

The Term 1 Dodgeball interhouse competition was a great success. Students had a chance to play alongside their houses in a highly competitive environment and it was a lot of fun. We had students participate in over 9 games each fighting it out for every point regardless of the hot weather. The spirit and enthusiasm for sport was clear in their energy on and off the field. Massive thank you for all the support from the parents, staff, and students.





## OBV teambuilding courses return after 2 years of the Pandemic

On Friday, 7th of October, 21 students of IGCSE 1 and IGCSE 2 successfully completed their teambuilding course at Outward Bound Vietnam, located in Binh Dinh, Central Vietnam. For the first time in 2 years, students departed for Quy Nhon on Monday, earlier in the week, after the trip in 2021 was cancelled due to the country-wide lockdown. Students of SIS@ Vung Tau first participated in Outward Bound courses in 2018.





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Outward Bound Vietnam offers the chance to acquire life skills through adventure-based outdoor education programs, which can then be applied to the classroom environment and assist students in achieving academic success.

As the students arrived at base camp, they received a warm welcome from the course instructors, who guided them around, and gave them an introduction to the upcoming 4 days. Accompanying the students were Mr Peter and Ms Van Anh, who also participated in the activities throughout the week, such as camping, artificial rock climbing, water activities by Phu Cat Beach, and hiking.

The two classes spent 2 out of 4 nights camping in the woods, participating in activities outside of the base, and coming close to nature. Through the introduction of 'Leave No Trace', students learnt how to minimize the human impact on the environment during their expeditions, while following the 7 principles of outdoor ethics. Most of the activities at OBV required the groups to be cooperative and collaborate with each other, to create the best outcomes. The program, in many ways, helps prepare students for much-needed teamwork and problem-solving skills. Not only that, but they were also familiarized with ELC, an abbreviation for 'Experiential Learning Cycle', a more effective approach to learning.

The course concluded with the students receiving their course participation certificates and finishing up the course-closing activities, before departing to the airport and returning to the school campus from Ho Chi Minh City.

Despite the hardships and challenges, they faced during the course, many students were beyond excited to share their experiences during the 5 days, away from their phones and comfort zone. "It was extremely challenging at first. Over the course of 5-days, our classes have bonded like a family. I hope we can receive the opportunity to visit OBV Binh Dinh again soon.", said Anthony, a member of IGCSE 1. Along with his classmate Tyler said, "The trip was very tiring, especially the never-ending hike. Overall, it was very fun, and I miss the instructors that guided me". Ha An, a member of IGCSE 2 shared that, "It has taught me to be more self-disciplined, and it allowed me to integrate the things that I have learnt on the course into my daily life".

School-based courses for Years 4 and 5, and OBV Quy Nhon courses for Years 6,7, and 8 will take place later in the school year.



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